Loyola Surgery Mentor Meeting Report

<table>
<thead>
<tr>
<th>Wellness</th>
<th>Notes/Plan</th>
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<tbody>
<tr>
<td>Stress/fatigue</td>
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<tr>
<td>Burnout</td>
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<tr>
<td>Concerns</td>
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<table>
<thead>
<tr>
<th>Academics</th>
<th>Notes/Plan</th>
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<tbody>
<tr>
<td>Self-Assessment by Mentee</td>
<td></td>
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<tr>
<td>Study strategy</td>
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<tr>
<td>Operative Skills</td>
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<tr>
<td>Case volume, simulation, areas to improve</td>
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<tr>
<td>Research</td>
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<td>National/Regional Conferences</td>
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<td>Short-term goals</td>
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<tr>
<td>Long-term goals</td>
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<tr>
<td>Fellowship, career</td>
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Resident Signature:

Mentor Signature: