The S.T.A.B.L.E. Program is an educational tool for community hospital care-givers, developed to serve as a concise guideline for the pre-transport stabilization and care of sick newborns. The program is designed for the period following successful resuscitation of the newborn.

All hospitals need to be prepared for a newborn who becomes sick and requires post-resuscitation stabilization and/or transport. Before arrival of the transport team, community hospital care-givers should anticipate, recognize, and effectively correct problems as they arise. The goal of all transport teams is to transport a well-stabilized infant, minimizing adverse outcomes. This goal is best achieved when stabilization is promptly and effectively initiated by community hospital caregivers.

Intended Audience for the S.T.A.B.L.E. Program

- Registered Nurses
  - Labor and Delivery
  - Postpartum
  - Nursery & Special Care Nursery
  - Emergency Department
  - Midwives
- Respiratory Care Therapists
- EMTs & Paramedics
- Physicians
  - Pediatricians
  - Emergency Medicine
  - Family Practice
- Any community hospital care provider involved in stabilization of the neonate prior to transport

Monday, October 28, 2019
7:00 AM - 4:30 PM

LOYOLA UNIVERSITY MEDICAL CENTER
2160 S. FIRST AVENUE
MAYWOOD, IL 60153

STRITCH SCHOOL OF MEDICINE
ROOM 150
The S.T.A.B.L.E. Program
Post-resuscitation stabilization and care of the ill neonate

- **SUGAR AND SAFE CARE** ~ Initial IV fluid therapy, IV treatment of hypoglycemia, monitoring blood glucose, indications and safe use of umbilical catheters, reducing preventable errors
- **TEMPERATURE** ~ Special thermal needs of infants including ways infants lose body heat, how to reduce heat loss, consequences of hypothermia, methods and precautions for rewarming hypothermic infants, and a review of therapeutic hypothermia for the treatment of Hypoxic-Ischemic Encephalopathy
- **AIRWAY** ~ Evaluation of respiratory distress, detection and treatment of a pneumothorax, blood gas interpretation, signs of respiratory failure, principles of assisted ventilation - including CPAP, bag & mask, T-piece resuscitator, assisting with ET intubation and securing ET tube, initial ventilator settings, basic chest x-ray evaluation
- **BLOOD PRESSURE** ~ Compensated and uncompensated shock, causes, evaluation and initial treatment of hypovolemic, cardiogenic and septic shock
- **LAB WORK** ~ Neonatal infection, laboratory tests and interpretation of complete blood count, initial antibiotic treatment for suspected sepsis
- **EMOTIONAL SUPPORT** ~ Addressing the family’s emotional needs during the crisis surrounding the birth of a sick infant

**Program Outcome:**
Participants will gain an increased understanding of how to care for critically ill newborn infants prior to transport to a tertiary care center as evidenced by passing the S.T.A.B.L.E. Program post-tests.

**Instructors:**
Lisa Festle, MSN, RNC-NIC, APN/CNS
Patricia Hummel, PhD, APRN, NNP-BC, PNP-BC

**Loyola University Health System** is approved as a provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation (OBN-001-91).

This activity is being offered for a total of 8 contact hours for nursing.

All speakers and the planning committee members have declared no conflict of interest. Criteria for successful completion and receipt of contact hours for this educational activity include:

1. Learner’s signature on the attendance sheet.
2. Learner’s attendance and participation in all activities of the program.
3. Learner submitting a completed evaluation form at the conclusion of the educational activity.

**Per S.T.A.B.L.E. Program (Rule#4):**
All students must have a Learner/Provider Manual (6th ed., ©2013) as their resource during class. You may also borrow one from your place of employment or from a friend.

**TO ORDER ON LINE:**
www.stableprogram.org
($49.95 + S/H)

You will be emailed a Pretest after registration is received. Please complete and bring with you to class.

The S.T.A.B.L.E.® Program, was developed in 1984 by Kristine Karlsen, M.S., R.N.C., N.N.P., and has been distributed internationally. The curriculum is reviewed by a multidisciplinary editorial board of expert neonatal care professionals and undergoes extensive research based evaluation. It is highly recommended as a supplement to the AAP/AHA Neonatal Resuscitation Program®.

Questions? Dietary restrictions? Please call the Loyola University Perinatal Center
708-327-9050

Pay by Check: Make check payable to Loyola University Medical Center and mail to:
2160 South First Avenue
Maguire Building, Room 3350
Maywood, IL 60153

**Deadline for Registration:**
Monday, October 7, 2019

**Program Outcome:**
Participants will gain an increased understanding of how to care for critically ill newborn infants prior to transport to a tertiary care center as evidenced by passing the S.T.A.B.L.E. Program post-tests.

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**Deadline for Registration:**
Monday, October 7, 2019

**Registration Form**
Name: ____________________________
Address: ____________________________
City: __________________ State: ______ Zip: _____
Home Phone: ______________________ Work Phone: ______________________
Email: ______________________________________
Hospital: ____________________________

**Registration Fee** includes continental breakfast, lunch, & contact hours. S.T.A.B.L.E. Manual will not be provided.*

( ) $50 - Loyola Perinatal Network Hospital
( ) $75 - Out of Network Hospital

**Pay by credit card:** Call Suraya Abruzzi @ 708-327-9050 or email completed form to suraya.abruzzi@luhs.org

Credit Card # ____________________________ Exp. Date: _______________ Security Code: __________
Name on Card: ____________________________

**Signature:** ____________________________

Pay by Check: Make check payable to Loyola University Medical Center and mail to:
2160 South First Avenue
Maguire Building, Room 3350
Maywood, IL 60153

*If room capacity is reached prior to deadline registration date (No refunds for cancellations after this date)