Routine Prenatal Visit Guidelines for use on state reporting forms

• Prenatal care visits should occur with the following frequency:
  
  o Prior to 20 weeks, ideally every 4 weeks but no less than every 6 weeks for lower-risk women.
  o 20 to 28 weeks, every 4 weeks.
  o 28 to 36 weeks, every 2-3 weeks, 3 weeks for lower-risk women.
  o 36 weeks to delivery, at least every week

For a low risk patient: if the patient started prenatal care between 8-10 weeks, should have approximately 12 – 13 visits

Kotelchuck Index**** measures adequacy of prenatal care initiation, use risk associated diagnosis for increased frequency

Inadequate (< 50% of expected visits)
Intermediate (50-79%),
Adequate (80-109%), Use a minimum of 9 – 10 visits for those patients without identified risk factors on their problem list
Adequate Plus (110% +)

See Guidelines for Perinatal Care for further information