The S.T.A.B.L.E. Program

Post-resuscitation stabilization and care of the ill neonate

- **Sugar and Safe Care** ~ Initial IV fluid therapy, IV treatment of hypoglycemia, monitoring blood glucose, indications and safe use of umbilical catheters, reducing preventable errors
- **Temperature** ~ Special thermal needs of infants including ways infants lose body heat, how to reduce heat loss, consequences of hypothermia, methods and precautions for re-warming hypothermic infants, and a review of therapeutic hypothermia for the treatment of Hypoxic-Ischemic Encephalopathy
- **Airway** ~ Evaluation of respiratory distress, detection and treatment of a pneumothorax, blood gas interpretation, signs of respiratory failure, principles of assisted ventilation - including CPAP, bag & mask, T-piece resuscitator, assisting with ET intubation and securing ET tube, initial ventilator settings, basic chest x-ray evaluation
- **Blood Pressure** ~ Compensated and uncompensated shock, causes, evaluation and initial treatment of hypovolemic, cardiogenic and septic shock
- **Lab Work** ~ Neonatal infection, laboratory tests and interpretation of complete blood count, initial antibiotic treatment for suspected sepsis
- **Emotional Support** ~ Addressing the family’s emotional needs during the crisis surrounding the birth of a sick infant

Program Outcome:
Participants will gain an increased understanding of how to care for critically ill newborn infants prior to transport to a tertiary care center as evidenced by passing the STABLE Program post-tests.

Instructors:
Lisa Festle, MSN, RNC-NIC, APN/CNS
Barbara Hering, MSN, RNC-NIC, APN/CNS
Patricia Hummel, PhD, APRN, NNP-BC, PNP-BC

Loyola University Health System is approved as a provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation (OBN-001-91) (OH-346, 8/01/20).

This activity is being offered for a total of 8 contact hours for nursing.

All speakers and the planning committee members have declared no conflict of interest.

Criteria for successful completion and receipt of contact hours for this educational activity includes:
1. Learner’s sign in on the attendance sheet
2. Learner’s attendance and participation in all activities of the program
3. Learner’s submit a completed evaluation form at the conclusion of the program

Order STABLE Learner/Provider Manual ©2013 at www.stableprogram.org ($49.95 + S/H)

The S.T.A.B.L.E.® Program, was developed in 1984 by Kristine Karlsen, M.S., R.N.C., N.N.P., and has been distributed internationally. The curriculum is reviewed by a multidisciplinary editorial board of expert neonatal care professionals and undergoes extensive research based evaluation. It is highly recommended as a supplement to the AAP/AHA Neonatal Resuscitation Program®.

For further information or questions please call the Loyola University Perinatal Center 708-327-9050

Monday, October 15, 2018
7:00 am to 4:30 pm
St. Alexius Medical Center

Registration Form

Name: ________________________________________
Address: ______________________________________
City: _______________[State: _____ Zip: _________
Home Phone: _______________________________
Work Phone: __________________________________
Email: ________________________________________
Hospital: ______________________________________

Registration Fee includes continental breakfast, lunch, & contact hours. *The STABLE Learner/Provider Manual will not be provided.

Make check payable to: LOYOLA UNIVERSITY MEDICAL CENTER
- $50.00 — Loyola Perinatal Network Hospital
- $75.00 — Out of Network Hospital

Credit Card #: _________________________________
Exp Date: ___________ Security Code: ____________
Name on Card: _________________________________
Signature____________________________________

Registration Fee includes continental breakfast, lunch, & contact hours. *The STABLE Learner/Provider Manual will not be provided.

For further information or questions please call the Loyola University Perinatal Center 708-327-9050

Deadline for Registration
Monday, October 1, 2018
The S.T.A.B.L.E. Program is an educational tool for community hospital care-givers, developed to serve as a concise guideline for the pre-transport stabilization and care of sick newborns. The program is designed for the period following successful resuscitation of the newborn.

All hospitals need to be prepared for a newborn who becomes sick and requires post-resuscitation stabilization and/or transport. Before arrival of the transport team, community hospital care-givers should anticipate, recognize, and effectively correct problems as they arise. The goal of all transport teams is to transport a well-stabilized infant, minimizing adverse outcomes. This goal is best achieved when stabilization is promptly and effectively initiated by community hospital caregivers.

Intended Audience for the S.T.A.B.L.E. Program

- Registered Nurses
  - Labor and Delivery
  - Postpartum
  - Nursery & Special Care Nursery
  - Emergency Department
  - Midwives
- Respiratory Care Therapists
- EMTs & Paramedics
- Physicians
  - Pediatricians
  - Emergency Medicine
  - Family Practice
- Any community hospital care provider involved in stabilization of the neonate prior to transport