Med-Peds Monthly Meeting Minutes

August 2016

Present: Grace, Kuo, Morrin, Ngo, Stevens, Wright

Conference Attendance:
- The judges had to make some slight adjustments due to initial miscalculations but here are the 2015-2016 results:
  - IM Champ (IM-heavy year) – Tengerstrom
  - IM Champ (Peds-heavy year) – Watson
  - Peds Champ (Peds-heavy year) – Ngo
  - Peds Champ (IM-heavy year) – Wright
  - Year leaders in total attendance – Kahn (IM-heavy), Ngo (Peds-heavy)

Interview Day:
- Great discussion about some fun changes that will create a collaborative and undoubtedly successful interview season

Hypertension:
- Number 1 rule is to REPEAT it yourself
- Number 2 rule is to treat when necessary with frequent follow up for med adjustments

Diabetes:
- Use the tables from the article to guide your medication selection beyond Metformin, balancing risks and benefits that frequently vary from patient to patient
- Think about your diabetic screening approach... every 3 years is reasonable for many patients

Other Residency Business:
- Great suggestion to bring MP faculty to future MPMMs to present brief topics of interest

Next Meeting: Wednesday, September 14, at noon in the Foley Library