

The Loyola Administrative Perinatal Center Perinatal eJournal Club

FREE
CEs!

OB and Neonatal Evidence-Based Articles! April 1 through June 30, 2026

OB Article (1.0 CE):

Long, S., Moreno, C., Fan, S., & Nasr, A. S. (2026). Implementing a Four-Step Evidence-Based Pushing Protocol for Labor and Birth. *Nursing for Women's Health*.

<https://doi.org/10.1016/j.nwh.2025.09.008>

Neonatal Article (1.0 CE):

Swenson, S. A., Paulsen, M. E., Carrigan, K., Stover-Haney, R., Wilton, D., Skalland, B., Lampland, A. L., Diego, E., Kroupina, M., Osterholm, E. A., & Downey, A. (2025). Implementation of perinatal mental health screening for parents of infants in a level IV neonatal intensive care unit: A quality improvement initiative. *Journal of Perinatology*, 1-8.

<https://doi.org/10.1038/s41372-025-02315-z>

It's easy!

1. Scan QR code or go to:
<https://www.loyolamedicine.org/services/womens-health/womens-health-services/APC>
2. Click on Outreach Education Tab and find E-Journal Club
3. Read Article Critiques
4. Read Nursing e-Journal Club Article(s)
5. Complete the evaluation(s) by 11:59 PM on July 6, 2026. You will receive your certificate(s) via email after submitting evaluation(s).



Program Outcome: Participants will successfully review obstetric- and neonatal-specific evidence-based practice and research articles, share original thoughts and opinions about the information reviewed, and recommend nursing and patient care practice changes with the goal of improving patient outcomes.

Criteria for successful completion and receipt of contact hours for this educational activity include:

- 1) Learner to read the critique(s) and article(s).
- 2) Learner to post original thought or opinion to each of the questions.
- 3) Learner to complete the on-line evaluation questions at the end of the activity.

Questions regarding the Perinatal Network e-Journal? Contact the Loyola Administrative Perinatal Center: **Stephanie** (Stephanie.Loiacono@luhs.org), **Lisa** (LFestle@lumc.edu), or **Olivia** (OliviaR.Baldwin@luhs.org)

No one with the ability to control content of this activity has a relevant financial relationship(s) to disclose with an ineligible company.

[Loyola University Health System is accredited as a provider of nursing continuing professional development by The American Nurses Credentialing Center's Commission on Accreditation.](#)