



# The S.T.A.B.L.E. Program

## The Loyola Administrative Perinatal Center

### Date:

Wednesday  
October 7, 2026  
7:00 am – 4:30 pm

### Where:

Loyola University Medical  
Center, Mulcahey Rm 0718

### Instructors:

Lisa Festle MSN, RNC-NIC,  
APRN/CNS  
Neonatal Outreach Educator,  
Loyola APC

Lindsey Young MSN, RNC-NIC,  
Clinical Nurse Leader,  
Loyola NICU

### Registration:

**\$40.00**

**Registration closes  
September 25, 2026!**

### Click on:

<https://loyolamedicine.org/APC>

### Or Scan:



Once on the website, go to the  
**Outreach Education** tab to see  
available offerings.

**Please bring your own  
lunch/purchase at Loyola.**

Based on a mnemonic to optimize learning, retention and recall of information, S.T.A.B.L.E. stands for the six assessment and care modules in the program: Sugar, Temperature, Airway, Blood pressure, Lab work, and Emotional support. A 7th module, Quality Improvement, stresses communication and teamwork as well as the professional responsibility of evaluating care provided to sick infants, with the ultimate goal of improving future care.

*Kris Karlsen, PhD, APRN, FAAN*

*Founder and Author, The S.T.A.B.L.E. Program*

**S.T.A.B.L.E.** is an evidence-based approach to the assessment and evaluation of infants, with a focus on immediate management of sick newborns. Curriculum concentrates on frequently encountered problems, underlying pathophysiology, and concise guidelines for the pre-transport stabilization of sick newborns. Games and skills stations are included to help put concepts into practice: thermoregulation, IV insertion, ventilation, ET tube securement, and chest needle aspiration.

**PROGRAM OUTCOME:** By the end of this educational activity, participants will apply the S.T.A.B.L.E. framework to rapidly assess, evaluate, and stabilize neonates, as evidenced by hands-on skills sessions and passing the S.T.A.B.L.E. Program post-tests.

This activity is being offered for 8.25 contact hours for nursing.

Students must have the 7th edition Learner Manual for use during this course: [www.stableprogram.org](http://www.stableprogram.org) (\$64.95 + S/H). Manuals may also be available to borrow from your place of employment/a friend.

**\*\*Students are required to complete a separate S.T.A.B.L.E. Foundations course PRIOR TO ATTENDING THIS CLASS.** Your hospital may have purchased this for you to take through HealthStream – ask your manager!

S.T.A.B.L.E. Foundations can also be purchased individually at:

- [Nursegrid Learn](#) or [CME HealthStream Courses](#) (\$54.00)
- HealthStream awards continuing education hours (2.25)

**S.T.A.B.L.E Foundations must be completed by September 30, 2026.**

No one with the ability to control content of this activity has a relevant financial relationship(s) to disclose with an ineligible company.

Loyola University Health System is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



**LOYOLA  
MEDICINE**

A Member of Trinity Health

Questions: [lfestle@lumc.edu](mailto:lfestle@lumc.edu) / [Stephanie.loiacono@luhs.org](mailto:Stephanie.loiacono@luhs.org)