

Loyola University Health System &
The Loyola Administrative Perinatal Center
Present

The S.T.A.B.L.E. Program

In-person

MacNeal Hospital, Berwyn
The Staff Room

Wednesday, March 25, 2026
7:00 AM - 4:30 PM

About the S.T.A.B.L.E. Program The mnemonic S.T.A.B.L.E. stands for six assessment and care modules: Sugar, Temperature, Airway, Blood Pressure, Lab Work, and Emotional Support. This program focuses on the first month of life, with a strong emphasis on the first few weeks after birth. S.T.A.B.L.E. is an evidence-based approach to the assessment and evaluation of both well and sick infants, as well as the immediate management of sick newborns. Curriculum targets the majority of problems frequently encountered, concentrates on underlying pathophysiology of neonates, and provides as a concise guideline for the pre-transport stabilization of sick newborns.

INSTRUCTORS:

Lisa Festle, MSN, RNC-NIC, APRN/CNS, Neonatal Outreach Educator, Loyola Administrative Perinatal Center

Lindsey Young, MSN, RNC-NIC, Clinical Nurse Leader, NICU, Loyola University Medical Center

PROGRAM OUTCOME: The learner will gain an increased understanding of how to care for critically ill newborn infants prior to transport to a tertiary care center as evidenced by passing the S.T.A.B.L.E. Program post-tests.

This in-person activity is being offered for 8.25 contact hours for nursing.

(* A separate course, **STABLE Foundations**, is a required prerequisite for attending this class. See information below.)

Criteria for successful completion and receipt of contact hours for this educational activity include:

- *Learner's signature on attendance sheet prior to the start of the conference*
- *Learner's proof of completing the S.T.A.B.L.E. Foundations course, with proof of completion prior course.*
- *Learner's attendance of the program in its entirety and participation in all activities of the program.*
- *Learner passes the post-tests.*
- *Learner's submission of a completed evaluation at the conclusion of the program.*

Loyola University Health System is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

No one with the ability to control content of this activity has a relevant financial relationship with an ineligible company.

PLEASE READ CAREFULLY

Students must have a new 7th edition Learner Manual for use during this course: www.stableprogram.org (\$64.95 + S/H). Manuals may also be available to borrow from your place of employment/a friend.

- **Students are required to complete the new S.T.A.B.L.E. Foundations course, PRIOR TO ATTENDING THIS COURSE.**
- **Your hospital may have purchased this for you to take through HealthStream – ask your manager!**
- **S.T.A.B.L.E. Foundations can also be purchased individually: NurseGrid Learn or CME.HealthStream.com (\$54.00).**

HealthStream awards continuing education hours (2.25). The Foundations course must be completed by March 11.

Scan to register:

REGISTRATION FEE: \$40.00 Registration closes March 18.

To register go to: <https://www.loyolamedicine.org/APC>

Please bring your own lunch/purchase at MacNeal.

Questions? Olivia at OliviaR.Baldwin@luhs.org or Lisa at lfestle@lumc.edu

