



Community Health Needs Assessment (CHNA) Implementation Strategy

Fiscal Years FY23-25



**MacNeal
Hospital**

MacNeal Hospital completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on June 16, 2022. MacNeal Hospital performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment considered a comprehensive review of secondary data analysis of patient outcomes, community health status, and social determinants of health, as well as primary data collection, including input from representatives of the community, community members and various community organizations.

The complete CHNA report is available electronically at <https://www.loyolamedicine.org/about-us/community-benefit> or printed copies are available at 3249 S. Oak Park Avenue, Berwyn, IL 60402.

Our Mission

As members of Trinity Health, MacNeal Hospital is committed to Trinity Health's mission: We, Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities. Additionally, Loyola Medicine's core values are: Reverence, Commitment to Those Who are Poor, Safety, Justice, Stewardship, Integrity

Our Hospitals

Loyola Medicine is a not-for-profit, mission-based, Catholic organization consisting of three hospitals located in the western suburbs of Chicago: Loyola University Medical Center (LUMC) in Maywood, Gottlieb Memorial Hospital (GMH) in Melrose Park and MacNeal Hospital (MH) in Berwyn. All three hospitals are members of Trinity Health, a national Catholic not-for-profit health system. Trinity Health is a family of 115,000 colleagues and nearly 26,000 physicians and clinicians caring for diverse communities across 25 states. Nationally recognized for care and experience, the Trinity Health system includes 88 hospitals, 131 continuing care locations, the second largest Program for All-Inclusive Care of the Elderly (PACE) program in the country, 125 urgent care locations and many other health and well-being services. Based in Livonia, Michigan, Trinity Health's annual operating revenue is \$20.2 billion with \$1.2 billion returned to its communities in the form of charity care and other community benefit programs.

MacNeal Hospital provides quality healthcare in the near western suburbs and the City of Chicago. In 1919, Dr. Arthur MacNeal opened his Berwyn home to serve the pioneer community's health care needs. His legacy lives on as a 374-bed fully accredited teaching hospital in Berwyn, IL. MacNeal Hospital has consistently expanded its scope of care to meet the needs of patients of every age. Comprehensive services provided by MacNeal Hospital include obstetrics, orthopaedics, cardiology, cardiac rehabilitation, sports medicine, rehabilitation services, oncology, and emergency care services. MacNeal Hospital offers one of the largest behavioral health services programs in the Chicago area. MacNeal Hospital also provides medical education programs, including the first family medicine residency established in Illinois, which remains one of the largest and most dynamic of its kind.



Our Community Based Services

Loyola Medicine provides primary care and specialty care to over 15 Chicago-area locations; and a large ambulatory network of clinics throughout Cook, Will and DuPage counties. In addition, Loyola Medicine provides Home Health, Pediatric Mobile Health Unit, Diabetes Prevention Program, Support Services and Community Health Workers are imbedded in our safety net clinics/ambulatory sites screening patients for social needs while connecting them with resources.

Our Community

MacNeal Hospital serves a CHNA community service area that includes 23 zip codes in west suburban Cook County and the southwest side of Chicago. Loyola Medicine defines the CHNA service area as the primary service areas for the hospital and making sure to include any nearby communities of highest need. The MacNeal Hospital service area is home to 811,170 community members. Fifty-two percent (52%) of the population identifies as Hispanic/Latinx, 27% Non-Hispanic White, 17% Black, 2% Asian, and 1.2% two or more races. (American Community Survey, 2016-2020) Twenty-six percent (26%) of the population is children and youth under 18, 61% are 18-64, and 13% are older adults over 65. The MacNeal Hospital service area has a greater percentage of community members that identify as Hispanic/Latinx compared to the county, state, and US. In the MacNeal Hospital service area, nearly 12% of households are limited English proficient, compared to only 4% statewide.

Our Approach to Health Equity

While community health needs assessments (CHNA) and Implementation Strategies are required by the IRS, Trinity Health ministries have historically conducted CHNAs and developed Implementation Strategies as a way to meaningfully engage our communities and plan our Community Health & Well-Being work. Community Health & Well-Being promotes optimal health for those who are experiencing poverty or other vulnerabilities in the communities we serve by connecting social and clinical care, addressing social needs, dismantling systemic racism, and reducing health inequities. Trinity Health has adopted the Robert Wood Johnson Foundation's definition of Health Equity - "Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care."

This implementation strategy was developed in partnership with community and the Loyola Medicine Community Benefit Council (LMCB). The LMCB consists of community stakeholders from multisector organizations. The council met and assisted in indentifying the needs to be addressed as well as the development of strategies. LMCB will continue ongoing engagement and monitoring of these efforts and will focus on specific populations and geographies most impacted by the needs being addressed. Racial equity principles were used throughout the development of this plan and will continue to be used during the implementation. The strategies implemented will mostly focus on policy, systems and environmental change as these systems changes are needed to dismantle racism and promote health and wellbeing for all members of the communities we serve.

Health Needs of the Community

The CHNA conducted in May 2021 to March 2022 identified the significant health needs within the MacNeal Hospital community. Community stakeholders then prioritized those needs during a facilitated review and analysis of the CHNA findings. The significant health needs identified, in order of priority include:

1. Mental Health
2. Social and Structural Influencers of Health
3. Community Communication and Leader Engagement
4. Access to Healthcare
5. Chronic Disease

Hospital Implementation Strategy

Significant health needs to be addressed

MacNeal Hospital, in collaboration with community partners, will focus on developing and/or supporting initiatives and measure their effectiveness to improve the following health needs:

1. **Mental Health** – CHNA pages 19-20.
2. **Social and Structural Influencers of Health** – CHNA pages 17-18

Significant health needs that will not be addressed

MacNeal Hospital acknowledges the wide range of priority health issues that emerged from the CHNA process and determined it could effectively focus on only those health needs which are the most pressing, under-addressed and within its ability to influence. MacNeal Hospital does not intend to address the following health needs:

- **Community Communication and Leader Engagement** – MacNeal Hospital does not plan to directly address this need because our community stakeholder feedback did not indicate it was the most urgently needed. MacNeal Hospital leadership and staff currently participate in community coalitions and community events within the MacNeal Hospital service area and will continue to participate in these efforts.
- **Access to Healthcare** – MacNeal Hospital does not plan to directly address this need because stakeholders did not determine this was the most urgently needed. MacNeal Hospital continues their commitment to serving uninsured and underinsured patients by providing Enrollment Assistance and through the Access to Care Clinic.
- **Chronic Disease** – MacNeal Hospital does not plan to directly address this need because these efforts are currently addressed and provided through our Diabetes Prevention Program and other chronic disease screening and management.

This implementation strategy specifies community health needs the hospital, in collaboration with community partners, has determined to address. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating the hospital then should refocus its limited resources to best serve the community.

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Mental Health



Hospital facility: Loyola University Health System

Hospital MacNeal Hospital

CHNA reference pages: 19-20

Brief description of need:

- Forty-one (41%) percent of survey respondents listed mental health as one of the top community health needs.
- In 2019, 15% of adults in MacNeal service area reported poor mental health in at least 14 days (about 2 weeks) in the last 30 in which mental health was not good. Communities directly surrounding MacNeal service area in Chicago, Cicero, Justice and Bridgeview have the highest rates of self-reported mental health. The rate in the MacNeal Hospital service area is higher than Cook County (12.9%) and Illinois (13.4%) overall.
- In 2019, 10% of high school students self-reported attempting suicide once within the last 12 months. Suicide attempts were higher among adolescents of color, particularly Native American, Hispanic/Latinx, and Black teens.
- In 2020, there were 13 municipalities in suburban Cook County that had over 10 opioid overdose deaths, and 7 of those cities are in the MacNeal service area: Berwyn (13), Cicero (20), Elmwood Park (14), Forest Park (11), Maywood (15), Melrose Park (15), and Oak Park (10).
- Twenty-two (22%) percent of adults in MacNeal service area report binge drinking; Cook County (22%) and Illinois (21.2%).

- Community stakeholders also ranked mental health as one of the top health needs with subtopics: access to behavioral health care and treatment, chronic trauma and stress, lack of resources for mental health crises, social isolation, substance use and suicide. Community stakeholders determined the lack of resources and suicide in children and young people to be most critical.

Equitable and Inclusive SMART Objective(s):

1. In next three years, respond to the community's reported mental health needs by equipping front-line staff employed with MacNeal Hospital and partnering organizations to better respond to mental health needs of the community through two training opportunities per year to identify and connect individuals in distress with resources.
2. In the next three years, respond to community's reported mental health needs by increasing the social connectedness of bi-lingual patients, families and community members by collaborating with healthcare providers and frontline staff in Loyola Medicine service area to promote access to healthcare providers who speak the same language through clear identification of languages spoken and through increased training on cultural proficiency, anti-racism.

Actions the hospital facility intends to take to address the health need:

Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Offer at least 2 trainings, per year in Mental Health First Aid for frontline and community partners	x	x	x	MacNeal Hospital	Financial Support Resources, Staff time
				Coalition for Spiritual and Professional Leadership (CSPL)	Staff time
				Focus location(s)	Focus Population(s)
			MacNeal Hospital Service area	Past Community Partners	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Offer at least 2 Community Health Worker trainings per year to frontline staff and community partners				MacNeal Hospital	Financial Support, Resources, Staff-time
				Sinai Urban Health Institute (SUHI)	Staff time
				Focus location(s)	Focus Population(s)
			MacNeal Hospital service area	Past Community Partners	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Ensure cultural and linguistic inclusiveness through new staff badges with languages spoken and completion of cultural competency training and anti-racism courses	x	x	x	MacNeal Hospital	Financial Support
				Focus location(s)	Focus Population(s)
			MacNeal Hospital service area	Bi-lingual Employees, patients and community members	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Partner Grants specific to Mental Health	x	x	x	MacNeal Hospital	Financial Support
				Focus location(s)	Focus Population(s)
			MacNeal Hospital service area	To be determined	

Anticipated impact of these actions:

Impact Measures	Baseline	Target	Plan to evaluate the impact
Increase number of staff and community partners trained in Mental Health First Aid to easily identify those in mental health distress and connect them to resources	1	2-3 trainings offered in Mental Health First Aid	15 staff and community members trained in Mental Health First Aid training in the next three years.
Increase the number of Community Health Worker certification training courses offered to staff and community partners	1	2-3 Community Health Worker Certification	10 staff and community members obtaining CHW's training certification
Partner with Diversity Equity and Inclusion to educate and support efforts among staff and community partners	0 educational and supportive efforts.	Increase 1-2 efforts.	Track inclusion work being done with local Trinity Health diversity & inclusion specialist to ensure we are expanding both inclusion strategies among colleagues

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Social and Structural Influencers of Health



Hospital facility: Loyola University Health System

Hospital MacNeal Hospital

CHNA reference pages: 12-13

Brief description of need:

- Community Stakeholders and survey respondents identified Social Influencers of Health were one of the top health needs in MacNeal Hospital service area that consisted of affordable housing community safety and violence, food and nutrition access, education, jobs and economic development, pandemic recovery, and structural racism.
- Community Stakeholders identified economic and professional development as well as food insecurity/access to healthy foods as a high priority.
- 13% of residents in MacNeal Hospital service area report food insecurity with 10% respondents reporting having shortage of food and hunger during the pandemic.
- 29% of respondents reporting households experiencing reduced pay, 26% of households experiencing loss of employment, and 19% of households experiencing temporary layoff or furlough due to the pandemic. 16.6% of Black community members are unemployed compared to 6.4% overall in the service area.

Equitable and Inclusive SMART Objective(s):

1. In the next three years, link community members to necessary resources to improve health outcomes through the expansion of the Community Resource Directory (CRD), through education, awareness, and linguistically diversified print materials; and, by hiring a culturally linguistic Community Health Worker with knowledge of the community and resources offered in the MacNeal service area to screen and address for social influencers of health.
2. In the next three years participate in Food Council/Collaborative and support local food pantries with culturally linguistic material to promote healthy nutrition and address food insecurity and access to food in MacNeal service area.
3. In the next three years support and participate in at least 2-3 job fairs, per year to promote economic and professional development in identified vulnerable populations in the MacNeal service area.

Actions the hospital facility intends to take to address the health need:

Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Hire 1 culturally and linguistically appropriate Community Health Worker	x			MacNeal Hospital	FTE (wage/benefits)
			Focus location(s)	Focus Population(s)	
			MacNeal Hospital	Spanish	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
Participate and support a Food Collaborative/Council Support local food pantries by <ul style="list-style-type: none"> • Providing culturally appropriate food recipes • Creating and printing educational material in multiple languages for participants Expansion of Diabetes Prevention Program <ul style="list-style-type: none"> • Virtual/In-person Classes • Spanish/English 	x	x	x	MacNeal Hospital	Staff-time, Resources
				Local Food Collaborative	
			Focus location(s)	Focus Population(s)	
			MacNeal Hospital Service area	Community members experiencing Food Insecurity and access to healthy foods	
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
<ul style="list-style-type: none"> • Provide 2 Community Resource Directory trainings per year to Community Partners • Provide Community Resource Directory (CRD) window clings to Community Partners • CRD Resource cards in appropriate languages to Community Partners 	x	x	x	MacNeal Hospital	Financial Support, Staff-time and Materials
			Focus location(s)	Focus Population(s)	
			MacNeal Hospital Service area	Community Partners/Organizations	

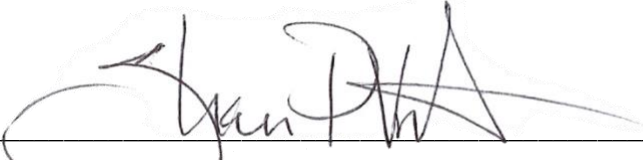
Strategy	Timeline			Hospital and Committed Partners (align to indicate committed resource)	Committed Resources (align by hospital/committed partner)
	Y1	Y2	Y3		
<ul style="list-style-type: none"> Coordinate and participate in 2-3 community-based job fairs per year in the MacNeal service area to promote living wage jobs including but not limited to those professions offered at LUHS 	x	x	x	MacNeal Hospital	Staff-time, Resources
			Focus location(s)	Focus Population(s)	
			MacNeal Hospital Service area	Past Community Partners	

Anticipated impact of these actions:

Impact Measures	CHNA Baseline	Target	Plan to evaluate the impact
Hiring of 1 Community Health Worker with knowledge of the community and resources to help address the SIOH	1	Hire 1 CHW's in MacNeal Service area	Tracking of individuals screened for SIOH by CHW and connected to resources
Increase awareness and utilization of Community Resource Directory (CRD) resources among CBO's (claiming their program)	1	2-3 CRD trainings 2-3 CBO's registering/claiming their program	Review and analyze current metrics than quarterly
Increase the number of diverse local hires in the MacNeal service area among vulnerable populations	0	Coordinate and/or participate in 6 job fairs by 2025	Reevaluate data in 3 years

Adoption of Implementation Strategy

On November 10, 2022, the Board of Directors for MacNeal Hospital voted after review of the 2023-2025 Implementation Strategy for addressing the community health needs identified in the 2022 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.



Shawn P. Vincent, Regional President and CEO



Date

