



MacNeal
Hospital

A Member of Trinity Health



FREE Childbirth Education Classes 2025

Clases prenatales

LABOR, BREASTFEEDING AND BABY CARE BASICS CLASS

▪ Includes *Tour of the Birthing Center*

Saturdays, 10 am - 3 pm

January 18, March 15, May 17,
July 19, September 20,
November 8

CLASE DE PREPARTO Y LACTANCIA MATERNA EN ESPAÑOL

▪ Incluye un recorrido por
el Centro de Partos

Miercoles, 6:30 pm - 9 pm

February 12, May 7, August 6,
October 22

BREASTFEEDING CLASS

Wednesdays, 6:30 - 9 pm

February 19, April 16, June 18,
August 20, October 8,
December 10

LABOR AND DELIVERY CLASS

Thursdays, 6:30 - 9 pm

February 20, June 12,
August 14, October 16

BABY CARE BASICS CLASS

Tuesdays, 6:30 - 9 pm

February 25, June 10,
August 19, October 21

BIG SISTER, BIG BROTHER: SIBLING PREPARATION CLASS

▪ *Appropriate for ages 3 to 10.*
Parent must stay in class.

Saturdays, 11 am - 12 pm

February 15, May 10, August 23,
November 1

TOUR OF UNIT

Sundays, 3 pm

January 26, March 30, June 29,
September 7, December 14



To register
for classes,
scan the
QR code.

All Classes are FREE.
Todas las clases son GRATIS.



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For questions, contact:

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